



*For the Members and Friends of  
Zion Lutheran Church  
May 2020*

# *The* Long Valley Lutheran

*Welcome Spring!*

**Zion Lutheran Church, 11 Schooley's Mountain Rd., Long Valley, NJ 07853**  
**phone:** (908) 876-3547; **e-mail:** zionlongvalley@gmail.com; **website:** www.zionlongvalley.org

## *Waiting for Communion.....*

*From Pastor Ingrid's sermon on Maundy Thursday (edited for publication)*

Because the texts for **Maundy Thursday** center on **Holy Communion** – the one thing that we are *not* doing - I thought it would be helpful to share my thoughts on why it's *okay* that we are not sharing in Communion until we can gather again in person.

There are differing thoughts about this among denominations and believers... each with “pros” and “cons”. Early in the pandemic, some churches decided to have “*drive through*” Communion, or to drop Communion off at peoples’ homes, or to leave Communion on the altar for people to come individually and receive it, or even to have Communion virtually – where we all gather some bread and wine from our kitchens and I speak certain words.

From my perspective, the “cons” with all of those methods (*in addition to the most serious issue of contagion*), outweigh the “pros”. Primarily because they lead to a sort of “magical” understanding of Communion (*e.g., certain words are required – or the bread & wine change their essence*). Even worse, it leads into thinking that I am the one who has these powers to make it happen.

Instead, what I find helpful is the Lutheran witness to understanding Holy Communion. To begin with, that Communion does not depend on the person officiating or the people participating. For example, if the pastor is revealed to be a criminal or an unbeliever – it doesn't mean that the Lord's Suppers she celebrated were false or invalid. Likewise with the participants. Communion doesn't depend on a particular ritual done in an exact way, which would convey that particular words, or rituals is what causes Communion to be valid.

Rather, we confess that Communion depends on Jesus, and that we use rituals and words that have been handed to us through the ages as they seem to be good ones - words *Con't. on pg. 3*

**ZION LUTHERAN CHURCH**

11 Schooley's Mountain Rd.  
Long Valley, NJ 07853  
Tel: (908) 876-3547  
Fax: (908) 876-3947  
E-mail: [zionlongvalley@gmail.com](mailto:zionlongvalley@gmail.com)  
Website: [zionlongvalley.org](http://zionlongvalley.org)



Like us on Facebook at  
"Zion Lutheran Church, Long Valley"

Pastor: Pastor Ingrid Wengert  
Cell: (215) 692-2091  
Email: [Ingridfathwengert@gmail.com](mailto:Ingridfathwengert@gmail.com)

Parish Secretary: Laura Hamilton

Minister of Music: Marilyn Hibler

**SUNDAY WORSHIP SERVICES** (On Hold)

Summer: 9:00 AM  
September – May: 8:00 AM & 10:30 AM  
Sunday School: 9:00 AM  
Adult Forum: 9:15 AM

**CHURCH OFFICE HOURS** (On Hold)  
Monday - Thursday 9:30 AM - 3:00 PM  
Closed Fridays

**CHURCH COUNCIL MEMBERS/OFFICERS:**

President: Judy Bumpus  
Vice President: Martina Frommeyer  
Secretary: Cathleen Sullivan  
Finance: Larry Salvatore

**Members:**  
Harry Bullock  
Burt Horner  
Jim Rasmussen  
Becky Rasmussen  
Candice Snyder

**LONG VALLEY CHRISTIAN  
NURSERY SCHOOL**

11 Schooley's Mountain Rd.  
Long Valley, NJ 07853  
Tel: (908) 876-4115  
Fax: (908) 876-4959

E-Mail: [info@longvalleychristian.com](mailto:info@longvalleychristian.com)  
Website: [longvalleychristian.com](http://longvalleychristian.com)

LVCNS Director..... Meghan Bridge  
Bus. Administrator....JoAnn McElwaine

**Office Hours**

We will discontinue office hours to slow the spread of COVID-19 and yet continue to work out of the office as it makes sense. Please contact either of us if you wish to make an appointment to meet or talk:

**Parish Secretary Laura**

available by phone or email during normal office hours

**M-Th from 9:30AM to 3 PM.**

(908) 876-3547 or [zionlongvalley@gmail.com](mailto:zionlongvalley@gmail.com)

Pastor Ingrid

(215) 692-2091 or [ingridfathwengert@gmail.com](mailto:ingridfathwengert@gmail.com)

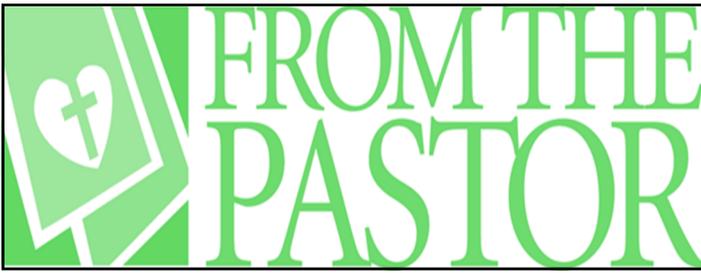
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The deadline for the **June** Newsletter is **Sunday, May 24th.** Articles may be sent to the church office via email at [zionlongvalley@gmail.com](mailto:zionlongvalley@gmail.com), or left in Laura Hamilton's mail box in the Parish Center.

**Your prompt attention to the deadline is greatly appreciated!**



**#8 We Bring Everything to God Every Week**

*This is the 4<sup>th</sup> in a twelve-part series of articles counting down the “Top twelve reasons why worship at Zion is out of this world”*



Con't. from pg. 1 that communicate Jesus is the host of this Supper and we are *all* guests. A *pastor* leads it for the sake of good order because s/he has spent time training and learning good practices around Communion, is careful about conveying consistent meaning and practice, and has been called to this role and responsibility.

Lutherans speak about Communion in terms of the *Real Presence*; that is, Christ promised to be truly, really, present as his followers gather around the Supper. (*This is my body ... This is my blood. I am here!*) Not that Christ is trapped in the wafer or wine, but rather, as Lutherans put it – is somehow “*in the bread, with the bread, and under the bread (and wine)*” as believers gather around it.

The most helpful Lutheran witness is that the purpose of Communion is the *same* as the Word. Luther pointed out that **the Supper is itself a proclamation of the gospel** or what St. Augustine back in the 5<sup>th</sup> century called a “*visible word.*” To be sure, John’s Gospel calls Jesus “*the Word made flesh*” (**John 1:14**). But at the same time, every proclamation of the word is itself God’s Word. In the supper, that proclamation is visible in the bread and the wine.

So, instead of creating a new practice that might convey strange meanings – I trust that we can wait ... and in the meantime feast on the Word ... until we can gather again. I can only imagine the joy when we gather around the table next!!!

*Pastor Ingrid Wengert*

May is the month of two favorite holidays in the U.S. - *Mother’s Day* and *Memorial Day*. On those days, we celebrate two important ways that God keeps us safe – through parents and through soldiers, who protect us in a broken world, albeit in very different ways.

On *Mother’s Day*, we may come to church thinking about mothers, their work and influence, with all the emotion that accompanies our thoughts, including possible mourning or ambivalence. On *Memorial Day* weekend, we may come to church thinking about soldiers, their work and sacrifice, with all the emotion that comes with our thoughts, including personal experiences.

Actually, each week, every one of us comes to church bearing all sorts of thoughts, feelings and experiences of recent and long-past history. The first thing God does in worship is to claim us, including and in spite of all that we bring, as his baptized child - in the name of the Father, Son and Holy Spirit. During the prayers of the church, there is room for everything that we bring. In prayer, we ask God for help in our various roles and callings in life – as Christian, as world citizen, as vulnerable human being, and also, depending on the holiday, as mother or child, and as soldier or U.S. citizen. In the Word and in Communion, Christ comes to us, just as we are, with everything we bring - to forgive us, free us and give us faith.

We bring everything to God every week. And every week, God gathers us in, claims us, comes to us through the Word and the Meal, forgiving and blessing us, and then sends us (sometimes through screens!) into the world to our various callings so that we can serve our neighbor and world.



## WORSHIP IN MAY...

Zion will continue to observe the state of New Jersey's recommendations for social distancing so that all church meetings, practices, worship and community group meetings and events will remain cancelled through the next time the council meets. We continue to adapt to by holding virtual worship services, events and meetings. We hope you will take advantage of the opportunity to worship with us on-line. We will use special bulletins for the on-line services. The bulletins, readings and music are located under the "worship" tab on our website. Council will meet "virtually" again on **May 19th** to discuss the plans going forward. Please keep abreast of changes by regularly checking your email and our social media (*Facebook and website*). *We do appreciate constructive feedback from those who participate!*

***Use the following links to access our on-line services:***

\*Directly through Facebook (even if you are not a Facebook user) by following the link:

<https://www.facebook.com/ZionLutheranChurchOfLongValleyNj/?ref=bookmarks>

\*From by following the link: <https://zionlongvalley.org>

### *Those Who Die in the Lord—Mickey Johnson*



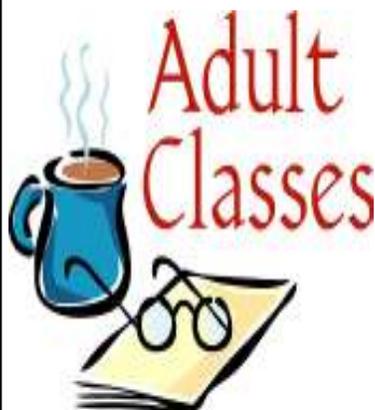
**Margaruite A. Johnson**, 81, of Lopatcong Township, NJ, formerly of Long Valley, NJ died on **April 22, 2020**. Her friends at Zion affectionately know her as "**Mickey**".

Mickey was an Orthopedic Trauma Nurse with *Morristown Medical Center in Morristown, NJ* for 33 years. She began her nursing career at Morristown, had worked at *NYU*, and was Head Nurse in ICU at *Overlook Medical Center* in Summit, NJ before finishing out her career at Morristown. While working at Morristown Medical Center, she met her loving husband, Gunnar "Rob", with whom she shared 55 years. Mickey, Rob, and their daughter Beth made Long Valley their home for 38 years before moving to Lopatcong Township, NJ.

Mickey was very active at Zion, where she served as *Council President*, served on the *Parish Life Committee*, and was on the Board of the Long Valley Nursery School. She was also active with the Girl Scouts, having been a Brownie and Junior Girl Scout Leader, service unit manager for *Washington Township Girl Scouts*, and a member of the *Board of Morris Area Girl Scout Council*.

Mickey enjoyed reading, watching TV shows with her family, playing mahjong with her friends, Bible study, and spending time with her *Red Hat Ladies*. She loved to travel with her family and friends, her favorites being Alaska, Jamaica, Bahamas, Young Island and the Panama Canal. A memorable trip for her was to travel to Germany for her church's celebration of their 250th anniversary. Mickey enjoyed making Christmas cookies that she shared with friends and family. Most importantly, she was a caring woman, who loved spending time with her family and friends. A memorial service for Mickey will be held at Zion Lutheran Church in Long Valley at a later date. In lieu of flowers, memorials may be made in memory of Mickey to the *Zion Lutheran Church*.

## Adult Forums in May



Adult  
Classes

**Pastor Ingrid** will post to Facebook a video of about 15-20 minutes on Sunday mornings in May while we can't meet in person. Council will meet on **May 19th** to discuss upcoming weeks. She's chosen to use *Facebook* as a number of regular Adult Forum participants have expressed that they are not able/comfortable using *Zoom* or *Google Meets*. **For interaction:** Please write down questions or thoughts you might have on the topic ahead of time and email them to **Pastor Ingrid** by Saturday morning each week.

**May 3: Part I: What's up with pastors who gather people for worship during a pandemic?!** Trying to understand what's behind their thinking, and looking at tools that Lutherans use to understand disease and the church's relationship to government

**May 10: Part II: What's up with pastors who gather people for worship during a pandemic?!** Trying to understand what's behind their thinking, and looking at tools that Lutherans use to understand disease and the church's relationship to government

**May 17: What it's been like to be a \_\_\_\_\_ during the pandemic** (e.g., a working parent with children at home, a volunteer firefighter, a medical worker, a police officer with young children, a 24/7 caregiver for a loved one). Please share your thoughts with Pastor Ingrid who will read them aloud or show pictures (and note whether she can say your first name). She'll also be reaching out for responses.

**May 24: What's the current financial state of Zion?** Led by **Larry Salvatore** and **Pastor Ingrid**

**May 31: When might we return to the church building for worship, and what that may look like?** Imagining what worship might be until a vaccine is developed. Led by **Judy Bumpus** and **Pastor Ingrid**

### Scheduled Worship Readings for May

<u>Worship Date</u>	<u>Old and New Testament</u>	<u>Psalm</u>	<u>Gospel</u>
May 3	Acts 2:42-47	Psalm 23	John 10:1-10
May 10	Acts 7:55-60	Psalm 31:1-5, 15-16	John 14:1-14
May 17	Acts 7:22-31	Psalm 66:8-20	John 14:15-21
May 24	Acts 1:6-14	Psalm 68:1-10, 32-35	John 17:1-11
May 31	Acts 2:1-21	Psalm 104:24-34, 35b	John 20:19-23

# zoom Bible Study

Even the weekly *Bible Study Group* has had to adapt in ways they probably didn't think were possible while we are "social distancing" due to the pandemic plaguing our community! Bible Study "Zoomers" have tuned in each week through the on-line meeting platform and carried on with their weekly study led by Pastor Ingrid. If you'd like to join them, please use the link published each week in the *Happenings* email. We are sending it earlier (*on Tuesdays instead of Wednesdays*), so that folks have the link in plenty of time to log in on **Wednesdays at 1:00 PM**. If you are camera-shy, you can also participate via audio only! Pastor Ingrid grabbed a screen shot (*below*) of the folks who tuned in on *April 28th*.



**We love these faces! Left to right clockwise from top: Judy Bumpus, Pastor Ingrid, Vi Muriello and Paul Litwiller, Gale and Linda Tucker, Courtney Derr and Marlena Schilke.**



**A Note from the Congregation Council President**

The Zion Congregation Council had its regular April meeting on Tuesday, the 21<sup>st</sup>, via teleconferencing. One of the items we discussed was the timing of reopening our church. We looked at the gateway criterion put out by the White House for states to use to judge whether they are ready to begin a phased reopening. We considered Governor Murphy’s extension of our safe at home guidelines and the suspension of in-person school through at least **May 15<sup>th</sup>**. We anticipate the governor will announce on **May 15<sup>th</sup>** whether schools can reopen for the remainder of the school year and whether our state is at that time meeting the gateway criterion and ready to begin some sort of reopening. Accordingly, we decided that Zion will continue to keep our building closed through the next congregation council meeting to be held on **May 19<sup>th</sup>** (again via teleconferencing).

In the meantime, we will continue to livestream Sunday morning services and hope that you will find it helpful to worship “in” our familiar space with Pastor Ingrid leading us in worship. If you have any suggestions to improve our livestream services, or ideas you may have gleaned from “attending” another congregation’s services online, or technology problems with accessing the worship services please let me, or any member of the congregation council, know. We are sad that we cannot come to-

gether to greet one another in person and to share a hug, a cup of coffee, concerns and troubles, triumphs and milestones. But we know that maintaining our physical distance for the time being will help us all to emerge stronger. Please help us to stay connected as one church family by reaching out to one another.

As is true for so many of us at this time, the church is feeling the financial pinch of the corona virus quarantine. We know that some of you have lost work or had a cut in income. But if others are in a position to continue your financial support of our church and our ministries, it would be most welcome. Your congregation council is seeking ways to cut costs and trying to be prudent with our resources while maintaining our ministries.

We hope to gather with you on livestream on **May 3, 10 and 17<sup>th</sup>**. We rejoice that we live in an age where it is possible to see and hear one another without having to put one another in harm’s way. It is a different way of being church together. We may miss the old way, but we can learn new things in this season of doing things differently. We continue our journey of worship during a pandemic with the expectation that God will plant new seeds among us during this time. Let’s see what God brings forth!

*Judy Bumpus,*  
Zion Congregation Council President



Please visit <https://www.elca.org/> to read commentary and guidance from the **Rev. Elizabeth A. Eaton**, Presiding Bishop of the *Evangelical Lutheran Church in America (ELCA)*, and news regarding the wider church’s response to the fight against COVID-19.



**Summary financials through the end of March,  
approved by Zion's Council in April.**

<b>March 2020 Results</b>			
	<b>Budget</b>	<b>Actual</b>	<b>Variance</b>
Total Congregational Giving	<b>22,586</b>	<b>17,670</b>	<b>(4,916)</b>
Total Operating Income	<b>27,235</b>	<b>22,402</b>	<b>(4,832)</b>
Total Operational Expenses	<b>26,619</b>	<b>23,698</b>	<b>2,921</b>
<b>NET INCOME/(LOSS)</b>	<b>616</b>	<b>(1,295)</b>	<b>(1,911)</b>
<b>Year To Date (Thru March 31, 2020)</b>			
	<b>Budget</b>	<b>Actual</b>	<b>Variance</b>
Total Congregational Giving	<b>59,219</b>	<b>49,868</b>	<b>(9,351)</b>
Total Operating Income	<b>73,165</b>	<b>63,898</b>	<b>(9,268)</b>
Total Operational Expenses	<b>76,593</b>	<b>69,644</b>	<b>6,949</b>
<b>NET INCOME/(LOSS)</b>	<b>(3,428)</b>	<b>(5,747)</b>	<b>(2,319)</b>

For questions on financial information, please contact our Treasurer, Larry Salvatore at [larrysal@embarqmail.com](mailto:larrysal@embarqmail.com)

**Finance Committee Update**

Operating Income through giving is *down \$5,000* against our March budget, and **\$9,300** for January through March. By reducing costs (*reduced utilities, suspending cleaning services, lower snow removal costs than budgeted*) we have kept the overall impact to **\$1,911** below budget through **March 31**.

To reduce overall cash flow, for **May**, we will be paying only the interest portion of our mortgage payment. This will preserve our balance in the building fund account, but it does not support our ongoing operations. If you are able during this very difficult time, please do continue to contribute to the mission of Zion through either the **Simply Giving** or **Give+** online giving platforms, (*see page 9*) or by mailing your regular offerings to the church office where it will be given to the counters to follow the same process that we would if we were worshipping together in the sanctuary.

*Yours In Christ,*  
Larry Salvatore, Finance Chair

# CHURCH COUNCIL



If you are able to continue with your giving during this period of social distancing, the easiest way to do this is through *Simply Giving*. Over 50% of our regular contributions come in this way, and *Simply Giving* now offers the option of giving using a credit or bank card in case you are concerned about having funds transferred from your bank account. *Details are on the Church's website at [zionlongvalley.org](http://zionlongvalley.org).*

If you would rather provide an offering via check, you can mail it to the church office, and it will be counted in the same manner as if it were placed in the offering plate. Please use the personalized offering envelopes inside the mailing envelope. *(Cash not recommended).*



## GIVEPLUS: A New Mobile App for Online Giving

Our Simply Giving provider has a new mobile app called **Give Plus** which allows you to make a one time or recurring donation through your phone. This free app can be downloaded either through **Apple's App Store** or **Google's Play Store**. Just do a search for **Give Plus Church** – the app shows the word "Give" and a gold "plus" sign.

There is **no fee** to you for making donations through the app and you can do it either as a guest or set up an account, which will store all your information for future use. If you already use the simply giving program, you will just need to log into your account through the mobile app and you are already set up.

After downloading the app for the first time, you will be prompted to enter the name of the church by either typing in *Zion Lutheran Church, Long Valley, NJ* or using the "Find My Church" feature. If you set-up an account, the next time you sign in, Zion will be shown as your own church.

For new users, you will be asked to enter your email and create a password. You will be prompted to add in your address and bank account information. Under donations you go to "Give Now" – and add a new one time or recurring donation. From the menu you can select *general/operating, building, flowers, Easter, etc.*, then select "frequency" (one time or recurring) and select the amount. Press "add" on the bottom and you are done. You can get a history of your donations and you can make changes or delete a recurring donation at any time. These donations will all be included in your giving statement at the end of the year.

If you have any questions you can contact **Barb Schulz** at [barbaralschulz@gmail.com](mailto:barbaralschulz@gmail.com) or call at **(201)787-7460**

# The Youth Ministry ZONE



## 2020 Grads

It's that time of year when we begin to ask for information about our High School and College Graduates so that we can honor them in the LVL Newsletter. This year, because so many of the 2020 graduations have been cancelled or postponed due to the COVID - 19 pandemic, we'd like, more than ever, to let them know their church family honors and appreciates their achievements, and celebrates this milestone in their lives. Parents, please send your graduate's info into the office and include: *school, honors and awards, picture*

*(even in their cap and gown if you have it) and future college or employment plans if they know them.*

Also, we'd like to add a twist this year and ask for well-wishes to this graduating class - from parents and all who have some to offer. **This will take some time to put together, so we thank you in advance for your prompt attention!**

## Sunday School Update.....

The **Christian Education Committee** met virtually on **April 28th** to discuss the remainder of the Sunday School calendar. The committee appreciates that some of the teachers have been able to share materials and/or connect with students in overwhelming times. Some have not been able to do this and we want them to know we still appreciate them as well!!! The committee is encouraging teachers to connect with their students by the last "official" day of Sunday School - **May 17th** in any way that feels good or helpful for them - *written note, phone, FaceTime/Zoom, etc.* The committee also suggested the possibility of meeting per class sometime this summer - if and when it is safe. Please stay tuned to all our forms of on-line communication for information as it becomes available. For questions please contact **Melissa Brobst** or **Marie Strebel**.

# The Youth Ministry ZONE

## What Are Zion Friends Up to While Quarantined?

We asked for some pictures of how our kids are passing the time while "social distancing". Clockwise from right, Tyler Boeckel shares Bible stories with Henry and Mason, Robbie Brobst put his wood working skills to work making a step stool and birdhouse, and Pastor Ingrid let our LVCNS children know she is thinking about them with a cute chalk message on her fence. If you'd like us to see what you've been up to, send your pictures in to **Laura** in the office.



# The Youth Ministry ZONE

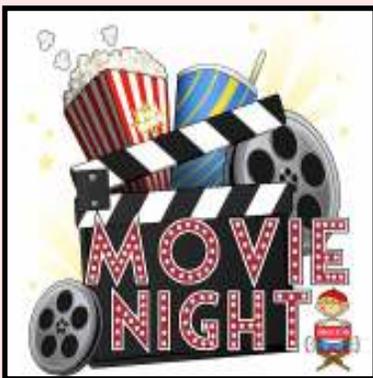


## Camp Games, Activities and Devotions at Home

Looking for family-friendly activities? Cross Roads Camp and Retreat Center is hosting virtual campfires, spirit week and weekly family devotionals, [available here](#).



**Zion's Vacation Bible School** is currently scheduled for **July 6-10, 2020**. The **Vacation Bible School Planning Team** is continuing to monitor the COVID-19 situation. Stay tuned to the Happenings and the VBS page on the Zion website for future updates. Please contact **Emily Rochotte** if you have any questions or would like to volunteer in the event that VBS takes place as scheduled.



## Youth Group Virtual Movie Night

**Sunday, May 17th at 8pm**

Grab your computer and tune in for *Netflix Party*, open to all high school youth and college-aged young adults! We'll be watching "**Despicable Me**" and hanging out in the comments section on *Netflix Party*.

To join *Netflix Party*, head to <https://www.netflixparty.com/> and scroll all the way down to the bottom where it says "I'm ready, give me *Netflix Party*" to download the free Google Chrome plugin you'll need to watch.

To watch, click [here](#) on **Sunday, May 17th at 8pm**. Once you've clicked the link to the movie, click the **red NP** at the top right corner of Google Chrome to join the party!

For questions, please contact **Emily Rochotte** at [erochotte@gmail.com](mailto:erochotte@gmail.com)



## Social Ministry Update

The Lutheran Episcopal Advocacy Ministry of New Jersey speaks out for justice and peace and provides a channel for us to live out our faith through advocacy. If you would like to learn more or sign up for **Weekly Witness** e-mails, visit [info@learnj.org](mailto:info@learnj.org).

### Resources for Helping with Depression and Anxiety During the Pandemic (*and beyond*)

by Judy Bumpus

This is an anxious time for all of us. We are also cut off from our normal avenues of support as we isolate at home. For some, these times may be very difficult to cope with. Therefore, I wanted to highlight a couple of ways to find help even while staying home.

**Mental Health America** has put together a list of COVID-19 targeted mental health resources. You can click on links in the list to be directed to information. Find it at <https://mhanational.org/> under the mental health and COVID-19 tab.

Our state mental health association also has resources. The **Mental Health Association of New Jersey** has the following invitation on their website <https://www.mhanj.org/> then toggle over to the screen that says Zoom sessions:

“Don’t let COVID-19 get you down! Many who are used to leaving home every day for work, social gatherings, religious services and school may be feeling anxious, isolated or bored. Many benefit greatly from support groups and individual emotional health sessions usually held in-person. **The Mental Health Association in New Jersey (MHANJ) can help!** Log in or call for insightful remote sessions providing emotional and family support and promoting personal development during this challenging time. Scroll to peruse our vast variety of no-cost offerings available from the comfort and safety of your own home through Zoom, Facebook, Skype and

the phone. There’s a host of interactive and educational opportunities available to help keep your mind and connections to others going and growing. **Please join us!**”

The state has also established a call center for those who may *struggle with anxiety or depression from the COVID-19* crisis. The number is **1-866-202-4357 (that is 1-866-202-HELP)**. The line is staffed by qualified personnel from *8 am to 8 pm* each day.

Closer to home, **Family Partners of Morris and Sussex Counties**, located at

<http://www.familypartnersms.org/> also offer online groups for children and teens and their family members. They have online groups, support groups, positive parenting classes and they offer a book one can download to explain the virus and steps one can take to mitigate it in very simple terms for young children.

There are also fee for service e-counseling providers. I found a review of some of these apps at <https://www.opencounseling.com/>. If you are interested in an app based service, you may find their comparisons helpful.

And do not forget that even though we are social distancing, your church family wants to love and support you also. Reach out to our pastor or to a trusted member of your church family.

Whether you are feeling overwhelmed or just generally down, remember that it is a sign of strength to ask for the help one needs. We love you! We want you to find the help you need. Please don’t hesitate to ask.

Judy Bumpus



## Social Ministry Update

The Lutheran Episcopal Advocacy Ministry of New Jersey speaks out for justice and peace and provides a channel for us to live out our faith through advocacy. If you would like to learn more or sign up for **Weekly Witness** e-mails, visit [info@learnj.org](mailto:info@learnj.org).

*Who are the heroes in the COVID-19 fight? One of Zion's own medical heroes is **Lori Prussack, Pediatric Nurse**. Here she is (third from the left, top row) with her co-workers at the *Bristol Meyers Squibb Children's Hospital*. Please see *page 15* for a complete list of all of Zion's medical professionals and first responders, as well as friends and family members who are also on the front lines. We thank them all for putting themselves in harm's way to keep us all safe!*



## Cloth Mask-Makers

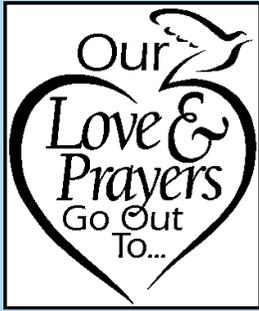


Some of our Zion family and friends who sew have been busy making masks for use in our medical system and community. If you also want to sew masks, please refer to our **April LVL Newsletter** for instructions. Here are some whose efforts we have heard about:

**Renee Mange** and her group of seamstresses and friends who have made both masks and protective clothing. **Renee** has fabric she can get to you if you would like to help sew masks, but don't have the materials.

We thank God for **Renee** and these members and friends who are helping our community with this effort: **Tami Ochs, Jeanne Howell, Barbara Rennie, Barb and Ron Schulz, Carol Morris and a friend, Karen Newquist, Marilyn Hibler**. If we missed you on this list and you are also helping with this effort, send your name along to the church office, so you can be included in the next newsletter. We **always** enjoy pictures, so if you have a picture of yourself or your group sewing or of your finished products, send that along also!

You may also e-mail [judy@bump.us](mailto:judy@bump.us) and she will put you in touch with **Renee**.



For the time being, the prayer page will consist of all of those we know whose jobs might mean contact with people who are infected with COVID-19. Each Sunday, we will pray by first name for all who are members of the congregation. But here, we also wish to include friends and extended family members who are health care workers or first responders. We thank them all for their tireless work to keep all of us healthy and safe, and do so at risk to themselves and their families. We'd like to list the name, role and also the hospital at which each person works. If you have someone you'd like to add to the list, or can provide further information, please let the office know. The "Ongoing Prayer List" will be located on our website under the "Worship" tab. Please also keep all those listed in your prayers.

### **Health Care Workers**

**Mackenzie Bergstram** - NIC Nurse  
**Kailene Brobst** - Nurse  
**Kerri Carter** - Geriatric Nurse  
**Leslie Carter** - Physician's Assist. Student  
**Zulaykah Dise** - Radiology  
**Debbie Dore** - Nurse  
**Kyle Egan** - EMT  
**Jamie Getting** - Nurse  
**Tricia Hibler** - Nurse  
**Jessie Hurley** - Nurse  
**Kevin Mange** - Physician  
**Brian Motylenski** - ER Nurse  
**Lori Prussack** - Pediatric Nurse  
**Tami Ochs** - Nurse  
**Chrissie Reyes** - ER Nurse  
**Dr. Phil Salvatore** - Epidemiologist, CDC  
**Art Samaras** - Flight Nurse, Paramedic  
**Anna Steinel** - Nurse

**Cathleen Sullivan** - Nurse

**Drs. John & Denise Visci** - Physicians

**Anna Weth** - Home Health Nurse

**Amy Zeier** - Nurse

### **First Responders**

**Rob Brobst** - Police  
**Charlie Davidson** - Fire  
**Russ Dore** - LV Fire Chief  
**Josh Drake** - Fire  
**James Carkhuff** - Fire, First Aid  
**Tim Hanft** - Police  
**Chris Huber** - Fire  
**George Lird** - EMT  
**Megan Lird** - Paramedic  
**Joe Rooney** - Police  
**Phil Seabeck** - Police  
**Dave Steinel** - Fire

*New prayer requests will also appear in the announcements each week. Please see the comprehensive prayer list on Zion's website. Please contact the church office for additions or to make updates, or with questions.*



## In Celebration and Memory of Special Birthdays in May

- 2 Sara Dunbar  
Ed Galandak  
Lyla Weth
- 3 Bryan Dickson
- 5 Kim Kay
- 6 Julie Hamilton  
Kari-Ellen Pedersen
- 7 Catherine DiLello
- 8 Daniel Shurts
- 9 Andrew Mange
- 10 Kerri Bataille  
Brad Blaine
- 11 Robert Brobst
- 13 Jeremy Angle

- 14 Jeffrey Naglestad
- 15 Geoffrey Burke
- 18 Delaney Sorenson
- 19 Ken Winterfeldt
- 20 Kaitlyn Dickson  
John Howell
- 21 Bradley Howell  
Madison Miller
- 23 Cynthia Scott
- 25 Scott Doyal
- 27 Erik Mitchell
- 28 George Michelle  
Christopher Sorenson
- 29 Kay Alexandra



*O God, we give you thanks for those who have sacrificed themselves for this nation. We remember the men and women who have given their lives throughout the history of our country to protect us from danger and harm. We also remember all those who sustained injury in body and/or mind in the course of their service. Watch over our armed forces and their families, and let peace prevail among all the nations. Amen.*